## **DOMESTIC ABUSE AND COVID-19**

## Information for those who are experiencing domestic abuse

Are you in self-isolation and not feeling safe in your home?

Are you feeling frightened of your partner or a family member?

Are you concerned that someone you know is experiencing abuse?

## National and local services are still here for you

Safety Net IDVA Service Monday – Friday 9am-5pm 020 7801 1777

National Domestic Violence Helpline 24/7 0808 2000 247

## **Metropolitan Police**

If in an immediate danger, always call **999**. For non-emergencies, dial **101** 

**Crime Stoppers** - 100% anonymous line **0800 555 111** 

